

# September 2023

*Steak Lover's Salad is mixed lettuce, stir-fried onions, stir-fried peppers, tomatoes, cucumber, and a Dijon vinaigrette and of course fajita style steak*



**NOTE: The daily salad is listed with the daily lunch basket options.**  
**Veggie Salads available daily.**

Monday	Tuesday	Wednesday	Thursday	Friday
Lunch Basket: Tst'd Cheese Sand. Grilled Chicken Salad	Lunch Basket: Baked Potato Southwest Chicken Salad	Lunch Basket: Salted Soft Pretzel Grilled Chicken Caesar	Lunch Basket: Cheese Nachos Steak Lover's Salad	Lunch Basket: Cheese Quesadilla Chicken Tender Salad
				1 Chick-fil-A 6th-12 grade only) Chicken Sandwich Chips Mixed Vegetables Fruit Cup Fresh Fruit Fruit Roll Up or Pickle
4  LABOR DAY  No School!	5 Sausage Gravy & Biscuits Oven Roasted Potatoes Green Beans Fruit Cup Fresh Fruit GoGurt or Raisins	6 Baked Spaghetti Garlic Bread Olive Garden Style Salad Fruit Cup Fresh Fruit Jello or String Cheese	7 Chicken Tenders Mashed Potatoes & Gravy Green Beans Fruit Cup Fresh Fruit String Cheese or GoGurt	8 Domino's Pepperoni Pizza Seasoned Corn Side Salad Fruit Cup Fresh Fruit Pickle or Fruit Bar
11 Chicken Parmesan Sandwich Caesar Salad Italian Pasta Salad Baked Apples Fresh Fruit String Cheese or Raisins	12 Teriyaki Chicken w/Pineapple Rice Steamed Broccoli Fruit Cup Fresh Fruit String Cheese or GoGurt	13 Cheese Ravioli Garlic Bread Olive Garden Style Salad Fruit Cup Fresh Fruit Dirt Pudding or GoGurt	14 Nacho Bar (pick toppings in line) Green Beans Mexi Rice Fruit Cup Fresh Fruit Granola Bar or Raisins	15 Chick-fil-A 6th-12 grade only) Chicken Sandwich Chips or Fresh Veggie Sticks Mixed Vegetables Fruit Cup Fresh Fruit Pickle or GoGurt
18 Warm Ham & Cheese Croissant Cheesy Broccoli Rice Casserole Chips Fruit Cup Fresh Fruit Pickle or GoGurt	19 Cheeseburger Hash Brown Macaroni Salad Fruit Cup Fresh Fruit GoGurt or Pickle	20 Chicken Pot Pie Mashed Sweet Potatoes Vegetable Sticks Fruit Cup Fresh Fruit Jello or String Cheese	21 Pancake on a Stick Hash Brown Casserole Green Beans Warm Spiced Pears Fresh Fruit Yogurt Parfait or Raisins	22 Domino's Pepperoni Pizza Seasoned Corn Side Salad Fruit Cup Fresh Fruit Pickle or GoGurt
25 Ham & Cheese Biscuit Green Beans Oven Roasted Potatoes Fruit Cup Fresh Fruit String Cheese or Raisins	26 Warm Italian Subs Chips Italian Macaroni Salad Fruit Cup Fresh Fruit Pickle or GoGurt	27 Garlic Spaghetti & Meatballs Dinner Roll Olive Garden Style Salad Fruit Cup Fresh Fruit String Cheese or GoGurt	28 Corn Dogs Baked Beans Fresh Veggie Sticks Baked Apples Fresh Fruit Fruit Roll Up or String Cheese	29 {Chick-fil-A 6th-12 grade only) Chicken Sandwich Chips or Fresh Veggie Sticks Mixed Vegetables Fruit Cup Fresh Fruit Pickle or GoGurt